

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ilse de Villiers**

Has successfully participated & completed the

**Solo Bull GoSport Cowhouse Cross Duathlon 2019 #4**

held at Cowhouse Market.

**TIME 03:58:26**

**PACE 06:48/km**

**OVERALL 22 of 23**

**GENDER 4 of 4**

**50 - 59 1 of 1**

04 August 2019, Sun

Date



*BoutTime*

Signature

